

OSU Extension *Successful Co-Parenting*

What is *Successful Co-Parenting*?

Successful Co-Parenting is an educational program that helps parents minimize the negative effects of separation and divorce on children as they adjust to the process of parenting together while living apart. It is offered in cooperation with the Holmes County Common Pleas Court.

We do not want to stand in the way of the progress of your dissolution/divorce proceedings. We are offering both one-on-one in-person programs and an online version of the Successful Co-Parenting© program that you can complete at any time. These are managed by a qualified professional from the Ohio State University Extension, Holmes County.

Course Topics

- The adult experience of divorce and its impact on parenting
- Emotions felt by adults and children and how to manage those emotions
- Children's developmental stages and how disputes impact children at different stages of development
- How to talk to children about divorce
- Strategies for effective co-parenting
- Handling visitation and parenting plans
- Dealing with conflict without involving the child



Successful Co-Parenting Online©	Successful Co-Parenting In-Person
Registration: Go to https://scponline.osu.edu/ to register	Registration: Call 330-674-3015 to schedule a one-on-one session during business hours.
Cost: Registration is \$35 per person for the online program, payable online by credit card through a secure registration site.	Cost: registration fees are \$25 per person and payable the date of the session. Please make checks payable to: OSU Extension. Cash is also accepted.
Required Time: Participants need 90 minutes – 2hrs to complete the course	Required Time: Participants need 90 minutes – 2hrs to complete the course
Location: Your own computer/tablet/phone!	Location: Holmes County office of Ohio State University Extension, 111 E. Jackson Street, Millersburg, OH 44654
Certificate: A certificate of completion will be emailed to participants upon completion of the course. Documentation of program completion will be sent to the Common Pleas Court and filed.	Certificate: A certificate of completion will be provided to participants upon completion of the course. Documentation of program completion will be sent to the Common Pleas Court and filed.