

# Holmes County Extension Program Updates

Program area outreach and education throughout 2019

## Family and Consumer Sciences (FCS)



**Cooking with Kate** – Adult cooking series. Two sessions were offered (morning or evening) for three consecutive weeks in April at the Community Room at the Love Center. Series theme was *Fresh & Flavorful*, meant to inspire program participants to create easy, quick and healthy meals at home. 31 people attended.

### Cooking Demos

- Women's Expo at Harvest Ridge (April)
- Senior Day at the Holmes County Fair



**Kids in the Kitchen** – 30 Holmes County youth attended this summer program series learning cooking basics, recipe reading, kitchen safety and trying new recipes!

### Successful Co-Parenting

This educational program is intended to familiarize divorcing parents with information, skills and techniques to minimize negative effects of separation and divorce on children.

*37 participants in the 2019 year so far.*

### Church of God Food Pantry

Once a month, Kate visits the Food Pantry with recipes and ideas for using items/ingredients clients may find at the pantry.

Themes in 2019 included salads, slow cooked suppers, soups, cook-out companions and more!

### Food Safety Training

Food handling and food safety training for area businesses.

Participants attend four hours (Level 1) or fifteen hours (Level 2) of instruction and hands-on activities to become certified in Food Safety Training.

*Trained 120 individuals in Level 1 and more than 80 in Level 2 in 2019.*

### Senior Activity at Green Ridge

Once a month, Kate collaborates with Green Ridge Assisted Living to create crafts with Senior residents.

### Newspaper Articles: Extension Edge

*published once a month in the Bargain Hunter*

- **May:** 'Freezer Facts'
- **July:** 'Supporting Farm Families During Times of Stress'

### Canner Testing

An estimated **150+** pressure canners were tested for safety and accuracy in 2019.



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## 4-H Youth Development



**460** youth members enrolled in Holmes County 4-H clubs.



**160+** adult volunteers. All volunteers trained in Policy 1.50 Child Abuse & Neglect training.



**258** 4-H'ers attended Quality Assurance training. This program teaches 4-H youth how to use best practices that guarantee producing quality and safe animal products for consumers, as well as responsible animal handling, care and welfare in not only farm animal production, but also with companion and performance animals.



**30** youth members serving on Junior Fair Board.



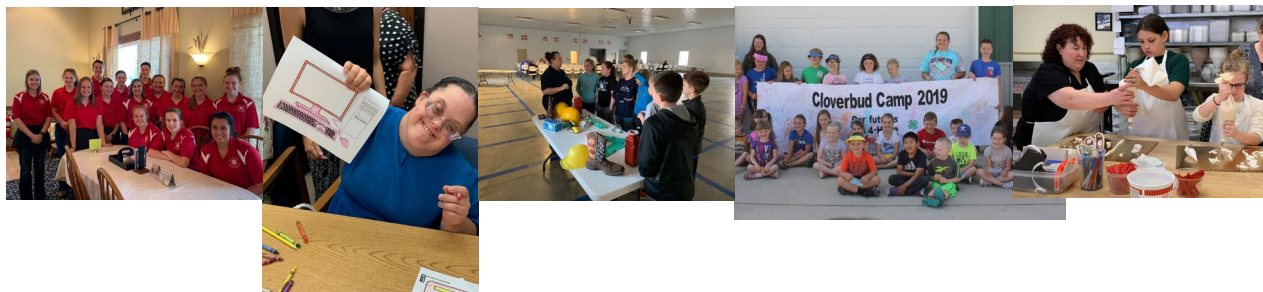
**45** campers at Knox/Holmes 4-H camp. **12** camp counselors from Holmes County. (Camp Counselors complete a minimum of 24 hours of training and planning meetings).



**25** Holmes County youth attended the two-day Cloverbud Day camp in June.



The Tech Change Makers team shared their safe technology use curriculum with people at the Holmes County Library, Senior Day at the fair, 4-H Club Meetings and Holmes County Training Center.



## Agriculture and Natural Resources (50% appt.)

### Pesticide Applicator Training (PAT)

- 8 Programs held (Holmes/Wayne County team)
- 26 lessons taught
- 264 producers re-certified



### Fertilizer Applicator Training (FERT)

- 6 programs held
- 21 lessons taught
- 336 producers re-certified
- 22 producers certified for 1<sup>st</sup> time



### Beef Quality Assurance

78 livestock producers certified at Beef Quality Assurance training

### Pest Scout Program

Assisted with training of six Pest Scouts through Wayne County Extension Office (scouts were checking fields & orchards in Holmes County throughout the spring/summer months).

#### Auction Displays

Maintain 3 displays:

- Farmerstown Auction Barn
- Mt Hope Livestock Auction Barn
- Mt Hope Farmers Produce Auction

(updated on weekly to bi-weekly basis).

Displays stocked with the latest information in the agricultural sector, livestock sector, vegetable production, current weeds-insects-disease information, and upcoming programming.

#### Newspaper Articles: *Extension Edge*

**April:** 'The Time To Start Working On Your Pond Is NOW!'

**June:** 'Wet Weather Brings Lawn Challenges'

**September:** 'Challenges with Silage Harvest in 2019'

#### Countywide Recycle Day

Two year totals:

**44 tons** of hazardous waste brought to the event.

**31 tons** recycled for reuse

**7 tons** of energy recovered

**3 tons** of hazard waste neutralized

**1 ton** incinerated

**3 tons** went to landfill

1 publication written from analyzed data for distribution to county residents.

#### Other Works:

- Co-authored article on impact of Holmes County Furniture industry (under Review).
- Co-developed Holmes County Ag Stats sheet with summer intern.
- Amish Health & Safety Days – Pond Safety Display. Display at Holmes County and Ashland County events.  
\*5 pond safety kits sold so far this year.
- Taught about Agricultural Careers to 30 Holmes County Jr Fair Board Members

## Upcoming Programs & Meetings

### Family & Consumer Sciences

- **Cooking with Kate** — three week adult cooking class program in September; theme is “One Pan Wonders”. Holiday series planned in Nov.
- **Patriotic Falls Prevention Walk- Universal Design Display**, September 19
- **Women in the Outdoors Camp program on Food Preservation** — September 21
- **Successful Co-Parenting** — first and third Wednesdays of each month.
- **Church of God Food Pantry/Senior craft**— last Friday of each month.
- **New partnership with Board of Developmental Disabilities**— one Thursday each month, Kate will work with assisted living clientele to plan for, shop for, and prepare easy and healthy recipes that they're able to independently prepare for themselves.
- **Straight from the Heart, Women's Wellness Event** — meal prep program, October 19
- **Level 1 Food Safety training** — November 26, noon to 4p.m.
- **Real Money Real World** — financial planning/spending simulation with 8<sup>th</sup> grade students at East and West Holmes.
- **Bargain Hunter Articles** – November and December
- **Meetings and conferences** - Family Children First Council, Extension Annual Conference planning committee, Fall Prevention Coalition, Women in Agriculture Conference planning committee, National Extension Association of FCS Educators Annual conference (October, Hershey, PA)

### Holmes County 4-H

- **Wrap up meetings with each livestock committee post fair.**
- **Women in the Outdoors Camp program** — September 21, co-presenting with Coshocton county 4-H educator.
- **Planning 2020 Knolmes 4-H camp with Knox County 4-H educator as Larry Hall retires.**
- **Junior Fair Board and Camp Counselor application and interview season.**
- **Holmes County 4-H Volunteer Banquet – Thursday, Oct. 24, 6 p.m.**
- **State 4-H Fall in-services, Quality Assurance training, 4-H grant applications, building the 2020 Holmes County 4-H calendar**

### Agriculture and Natural Resources

National Maple Syrup Meeting – October, Minnesota

Ohio Maple Producers Annual Meeting

Pesticide Applicator Training In-service – December, Columbus