

# Cooking with Kate



Do you...

- need some kitchen inspiration?
- want simple, healthy and TASTY recipes to prepare at home?
- want to learn new tips and tricks in the kitchen?

Join Kate Shumaker, OSU Extension Educator and Registered Dietitian, at Cooking with Kate for a fun perspective on food. Taste the foods prepared!

## When are classes offered?

Tuesday evenings:

April 2, 9, & 16

6:00 to 8:00 pm

- or -

Wednesday mornings:

April 3, 10, & 17

9:30 to 11:30 am

## To Register:

- Complete form on this flyer.
- Drop off or mail the reg. form and payment to:

*OSU Extension Holmes Co.  
111 East Jackson Street  
Millersburg, OH 44654*

Questions? Call (330) 674-3015

You **CAN** have *easy, quick,*  
and *healthy* meals at home!

## Where will the classes be held?

Love Center Community Room  
1291 Massillon Road (St. Rt. 241)  
Millersburg, OH 44654

## What is the cost?

\$15 per person – for all three sessions!  
(free to Food Pantry Clients)

## Registration Deadline:

**March 29, 2024**



# ON THE MENU



## Main Dishes

- ✓ Pork Medallions with Mushroom-Brie Sauce
- ✓ Chili Garlic Shrimp
- ✓ Baked White Fish with Seasoned Crumb Topping

## Desserts

- ✓ Ricotta Cake
- ✓ Peanut Butter Mousse
- ✓ Crunchy No-Bake Chocolate Peanut Butter Bars

## Side Dishes

- ✓ Stir-fried broccoli and Almonds
- ✓ Roasted Green Beans with Parmesan
- ✓ Marinated Roasted Brussels Sprouts

## \*Bonus\*

- ✓ Baked Hush Puppies

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## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Pick Your Session:** \_\_\_\_\_ Tuesday Evenings (April 2, April 9, & April 16)

\_\_\_\_\_ Wednesday Mornings (April 3, April 10, & April 17)

Payment Enclosed\* \_\_\_\_\_ or pay online at [go.osu.edu/holmesextensionpayment](http://go.osu.edu/holmesextensionpayment)

*\*Please make checks payable to OSU Extension.*

*\*Mail or drop off to: 111 East Jackson Street, Millersburg, OH 44654*