

Cooking with Kate



Do you...

- need some kitchen inspiration?
- want simple, healthy and TASTY recipes to prepare at home?
- want to learn new tips and tricks in the kitchen?

Join Kate Shumaker, OSU Extension Educator and Registered Dietitian, at Cooking with Kate for a fun perspective on food. **Taste the foods prepared!**

When are classes offered?

Tuesdays evenings: April 12, 19 & 26 6:00 to 8:00 pm

- or -

Wednesdays mornings: April 13, 20 & 27 9:00 to 11:00 am

You **CAN** have *easy, quick*, and *healthy* meals at home!

To Register:

- Complete form on this flyer.
- Drop off or mail the reg. form and payment to:

OSU Extension Holmes Co. 111 East Jackson Street Millersburg, OH 44654

Questions? Call (330) 674-3015

Where will the classes be held?

Love Center Community Room 1291 Massillon Road (St. Rt. 241 Millersburg, OH 44654

What is the cost?

\$10 per person (free to Food Pantry Clients)

Registration Deadline: April 8, 2022





holmes.osu.edu

ON THE MENU

Main Dishes

- ✓ Creamy Italian Chicken Skillet
- ✓ Crab Cakes
- ✓ Chicken Gnocchi Soup





Side Dishes

- ✓ Couscous Salad with Feta
- ✓ Ham & Cheese Muffins
- ✓ White Bean & Mixed Veggie Salad





Desserts

- ✓ Peanut Butter Pound Cake w/ Glaze
- √ Key Lime Icebox Cake
- ✓ Simple Carrot Cake w/ Cream Cheese Frosting

Registration Form

Name	
Address	
Phone	
Email	
Pick Your Session:	Tuesday Evenings (April 12/19/26)
	Wednesday Mornings (April 13/20/27)
Payment Enclosed*	_ or pay online at http://go.osu.edu/holmesextensionpayment
*Please make checks payable	e to OSU Extension.

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^{*}Mail or drop off to: 111 East Jackson Street, Millersburg, OH 44654