

## Trail Riding- Year 1 Study Guide

### First year pages 10-39

Name 4 traits of a good trail horse.

- 1.)
- 2.)
- 3.)
- 4.)
- 5.)

Name 3 of the 4 things mentioned that can cause a horse to have a hard time keeping weight on

- 1.)
- 2.)
- 3.)
- 4.)

How much weight can a horse carry?

Explain why stockier breeds of horses don't do as well over long distances compared to longer/ leaner breeds such as Arabians, thoroughbreds, and easy gaited horses.

Name 5 of the 9 skills that a good trail horse needs

- 1.)
- 2.)
- 3.)
- 4.)
- 5.)
- 6.)
- 7.)
- 8.)
- 9.)

Why would you keep a conditioning record?

What is the rule of thumb for how much grain to feed a horse?

What is a normal temperature for an adult horse?

Name 2 places you can take your horse's heart rate

- 1.)
- 2.)
- 3.)

What is a normal resting heart rate for a horse?

How do you check your horse for dehydration?

What is a normal respiration at rest for a horse?

What is borium? Why would you need to use it? Why should you NOT use it unless you need it?

Where should you carry your cell phones when riding? Why?

Name 3 things you should carry or wear on any trail ride

- 1.)
- 2.)
- 3.)
- 4.)
- 5.)
- 6.)
- 7.)
- 8.)
- 9.)
- 10.)

What does a red ribbon in the tail mean?

Should you use a flashlight when riding at night? Why or why not?